



SRI GURU RAM DAS COLLEGE OF NURSING

Under

SRI GURU RAM DAS UNIVERSITY OF HEALTH SCIENCES,
MEHTA ROAD, VALLAH, SRI AMRITSAR

Organizes

NATIONAL CONFERENCE ON

**5CNE
HOURS**

International Nurses Day

(NATCON 2025)

THEME

NAVIGATING WORKPLACE RISKS:
SAFEGUARDING NURSES AGAINST OCCUPATIONAL HAZARDS

17th May 2025



VENUE

ANATOMY LT-1

Sri Guru Ram Das Institute of Medical Sciences & Research, Mehta Road, Sri Amritsar

About us

Sri Guru Ram Das University of Health Sciences, Located at Sri Amritsar, Punjab is an outstanding academic institute dedicated to produce exemplary doctors, nurses, health care professionals, academicians, and researchers. SGRDUHS is a State Private University declared on 19th August 2016 established under Punjab Act no. 43 of 2016. It consists of Sri Guru Ram Das Institute of Medical Sciences and Research, Sri Guru Ram Das College of Nursing and Sri Guru Ram Das Rotary Cancer Institute. The University is synonymous with excellence in higher education in health sciences. Every institute under this university has world class facilities and pedagogy, which are constantly reviewed and upgraded to reflect the latest trends and developments in higher education.

The college of Nursing came into existence in 2008 with an intake of 50 students of B.Sc. Nursing and w.e.f. 2016, the number of seats has been increased to 100. College of Nursing has also started Post Basic B.Sc. Nursing Course with an intake of 40 seats in 2010 and from 2011 M. Sc Nursing was started with an intake of 20 seats (4 in each specialty-Medical Surgical Nursing, Child Health Nursing, Community Health Nursing, Mental Health Nursing and Obstetrics and Gynecological Nursing). The college is duly affiliated with Indian Nursing Council, New Delhi, Punjab Nurses Registration Council, Chandigarh and Sri Guru Ram Das University of Health Sciences, Vallah, Sri Amritsar. The University is recognized by the University Grants Commission (UGC) and approved by Govt. of India.

About the Conference

Occupational hazards are an ever-present concern in the healthcare sector, with nurses being among the most vulnerable due to the nature of their work. This Conference aims to shine a spotlight on the myriad risks nurses face daily—ranging from physical injuries, exposure to infectious diseases, and chemical hazards to psychological stress and burnout.

The Conference strives to not only raise awareness but also promote collaborative efforts toward building a culture of safety, resilience, and well-being for nurses. Emphasis will be placed on evidence-based approaches and innovations in occupational health, with real-life case studies and expert guidance. Join us in this vital conversation to ensure that those who care for others are also cared for in their workplaces.

Who can register

- ✦ Nursing Officers
- ✦ Nursing Faculty
- ✦ Nursing Students

For Registration Kindly Contact



DR. SUKHBIR KAUR

+91 81980-11066

MS. KAWALJEET KAUR

+91 97812-77428

Scientific Programme

Time	Topics	Facilitator
08:00 - 08:30 am	Registration	Registration committee
08:30 - 09:00 am	Introduction to the Conference and its Objectives	Dr. Sukhbir Kaur Associate Professor, Sri Guru Ram Das College of Nursing, Sri Amritsar
09:00 - 10:00 am	Session 1: Understanding Occupational Hazards in Nursing	Dr. Manpreet Kaur Principal, Sri Guru Ram Das College of Nursing, Sri Amritsar
10:00 - 10:30 pm	Inaugural Ceremony (Chief Guest & Dignitaries)	<i>Chief Guest</i> Dr. Kavita Khasa Deputy Nursing Advisor, MoHFW, INDIA
10:30 - 11:00 pm	High Tea	
11:00 - 11:45 am	Session 2: Ergonomics and Injury Prevention	Col Rajinder Kaur Nanda (Retd.) Nursing Superintendent, PIMS, Jalandhar
11:45 - 12:30 pm	Session 3: Infection Control and Prevention	Ms. Manjinder Kaur Senior Nursing Officer (Infection control), PGIMER, Chandigarh
12:30 - 01:30 pm	Session 4: Dealing with Workplace Violence	Dr. Reena Jaiurs Professor, College of Nursing, CMC, Ludhiana.
01:15 - 02:00 pm	Lunch	
02:00 - 02:45 pm	Session 5: Mental Health and Well-being of Nurses	Dr. Sunita Sharma Associate Professor, NINE, PGIMER, Chandigarh
02:45 - 03:30 pm	Panel Discussion: Best Practices and Case Studies	Moderator Dr. Sukhbir Kaur Associate Professor, SGRDCON, Sri Amritsar Panelists Dr. Parmjot Bindra Operations Manager, SGRDIMSR, Sri Amritsar Ms. Karanjeet Kaur NNF Educator, SGRDIMSR, Sri Amritsar Ms. Kamalpreet Assistant Nursing Superintendent, AIMS, Mohali Ms. Nancy Officer Incharge, Nursing Department, Homi Baba Cancer Hospital, Sangrur, Punjab Ms. Kiranjot Gill Nurse Educator, Apollo Hospital, Ludhiana.
03:30 - 04:00 pm	Q&A Session and Closing Remarks	

“01:00 to 02:00 pm Concurrent Oral Scientific Presentations.”

Organizing Committee

Patron-in-Chief

S. Harjinder Singh Dhami

Chancellor, Sri Guru Ram Das University of Health Sciences, Sri Amritsar

Patrons

S. Satbir Singh Dhami

Secretary, Sri Guru Ram Das Charitable Hospital Trust, Sri Amritsar

Dr. M.S. Uppal
Vice Chancellor,
SGRDUHS, Sri Amritsar

Dr. A.P. Singh
Dean,
SGRDUHS, Sri Amritsar

Dr. Anupama Mahajan
Director Principal,
SGRDIMS, Sri Amritsar

Organizing Chairperson

Dr. Manpreet Kaur

Principal, Sri Guru Ram Das College of Nursing, Sri Amritsar

Organizing Secretaries

Dr. Amandeep Kaur Bajwa

Professor, SGRDICON, Sri Amritsar

Dr. Sukhbir Kaur

Associate Professor, SGRDICON, Sri Amritsar

Scientific Presentation

Guidelines for paper (Oral and Poster) Abstract Submission

- ✦ Submit abstract before 12th May 2025 and should not be more than 250 - 300 words. Follow IMaRD Format.
- ✦ It should include original scientific research studies.
- ✦ Oral presentation will be for 8-10 minutes.

- ✦ Poster size should be (3 X 4 feet).
- ✦ Lettering and design of the poster should be bold enough to be well visible from a distance.
- ✦ Extra fixing of clippings/cuttings or any other form on the poster should be avoided.

- ✦ Presenting author must register for the conference.
- ✦ Final decision for acceptance will be communicated.
- ✦ Best Paper and presentation will be awarded.
- ✦ Send your poster on eMail ID: sgrdnatcon2025@gmail.com

Registration Guidelines

Nursing officers/ Faculty/
M.Sc. Nursing students | **Rs. 800/-**

B.Sc. Nursing/ G.N.M. | **Rs. 500/-**

Last Date

15th May 2025



Bank Account Details

Account Number 360601000300

Account Name Principal, Sri Guru Ram Das College of Nursing

IFSC Code ICIC0003606

Bank Name ICICI Bank, Sri Guru Ram Das College of Nursing, Vallah, Amritsar